

## LIGHT START

### CLASSIC FRUIT PLATTER

Moist Banana-Walnut Bread, Fresh Seasonal Fruit, Fage Greek Yogurt, Honey, and Walnuts 11

### FRESH FRUIT BOWL

An Assortment of Seasonal Fruit 6

### GREEK YOGURT PARFAIT

Fage Greek Yogurt with Strawberries, Blueberries, Bananas, and Honey 8

### CITY OATMEAL

Oatmeal Topped with Strawberries, Blueberries, and Toasted Almonds 7

### COUNTRY OATMEAL 7

Oatmeal Topped with Dried Cranberries and Walnuts

### SMOKED SALMON DELUXE

Thinly Sliced Smoked Salmon, Red Onion, Tomato, Capers, Olives, Toasted Bagel, Cream Cheese 14

## SMOOTHIE BOWLS

The Perfect Breakfast! These Frozen Smoothie Bowls are Jam Packed with Antioxidants!

### POWER

Pure Acai Blended with Chocolate Protein, Topped with Banana, Granola, and Peanut Butter 10

### NUTELLA

Pure Acai Blended with Strawberries, Topped with Banana, Coconut Flakes, Granola, and Nutella Drizzle 10

### PURA VIDA

Pure Acai Blended with Strawberries and Blueberries, topped with granola, Bananas, and Honey 9

### TROPICAL

Pure Acai Blended with Pineapple, Topped with Banana, Strawberry, Coconut Flakes, Granola, and Honey 9

### PINK FLAMINGO

Pitaya Blended with Strawberries, Banana, Topped with Banana, Granola, and Honey 9

### PINK POWER

Pitaya Blended with Vanilla Protein, Pineapple, Topped with Granola, Banana, and Peanut Butter 10

### DRAGONBERRY

Pitaya Blended with Pineapple, Topped with Blueberry, Strawberry, Granola, Coconut Flakes, and Honey 9

## EGG SPECIALTIES

### AVOCADO TOAST 12

Two Poached Eggs on Sprouted Grain Toast with Smashed Avocado and Salsa, Served with Spring Mix

### POWER BREAKFAST

Three Scrambled Egg Whites, Sliced Tomato, Oven Roasted Turkey, Grapes, Multi-Grain Toast 11

### TEXAS SCRAMBLE

Scrambled Eggs Mixed with Cheddar-Jack Cheese, Diced Tomato, Onion, Jalapeno, Tortilla Strips, Served with Warm Tortillas 11

### CALI SCRAMBLE

Scrambled Eggs Mixed with Sliced Grape Tomato, Cheddar-Jack Cheese, Avocado, Served with Multigrain Toast, Spring Mix, Salsa, Sour Cream 10

### GREEK SCRAMBLE

Scrambled Egg Mixed With Feta Cheese, Beef Gyro, Tomato, Onion, Served with Toasted Pita, Tzatziki, and French Fries 12

## BREAKFAST SIDES

BREAKFAST SAUSAGE | HICKORY BACON 4.50

HOME FRIES 4.5

CORNED BEEF HASH 6  
Our own recipe

CHORIZO MEXICAN SAUSAGE 5.5

VIRGINIA HAM | TAYLOR HAM 4.5

SMOKED SALMON  
Capers, Red Onion, Whole Wheat Rusk 12

TURKEY BACON | CHICKEN SAUSAGE | CANADIAN BACON 5



## OMELETTES

Served with Homefries and Toast with Butter and Jelly

### AMERICAN CLASSIC

Diced Ham, American Cheese 10

### BODY BUILDER

Egg Whites, Broccoli, Mushroom, Chicken, Tomato, Onion 12

### FLORENTINE

Fresh Spinach, Feta Cheese 10

### ALPINE

Bacon, Swiss Cheese, Mushroom, Onion 10

### MEDITERRANEAN

Feta Cheese, Spinach, Tomato, Onion, Mushroom 11

### HAVARTI CHEDDAR KALE

Bacon, Havarti Cheese, Cheddar Cheese, Baby Kale 12

### WILD WESTERN 11

Mushroom, Cheddar Cheese, Ham, Bell Pepper, Onion

### SANTA FE

Chicken, Jalapeno, Turkey Bacon, Onion, and Tomato, Topped With Salsa and Sour Cream 12

### PARIS

Sausage, Gruyere Cheese, Onion 11

### LIGHT

Egg Whites, Mushroom, Onion, Broccoli, Tomato 11

### ITALIAN

Sausage, Mozzarella Cheese, Tomato, Mushroom 10

### NEW YORK

Smoked Salmon, Onion 12.5

### TEX-MEX

Chorizo Mexican Sausage, Cheddar Cheese, Cilantro, Scallion 11.5

### GOAT CHEESE

Goat Cheese, Roasted Bell Pepper, Spinach 11

### MASTELLO

Stuffed Omelette. Fresh Mozzarella Cheese, Portobello Mushroom, Sun-Dried Tomato 11

### CREATE YOUR OWN

Egg Whites +\$1 All additions priced separately 8

SHORTSTACK PANCAKES INSTEAD OF TOAST +2

FRESH FRUIT INSTEAD OF HOMEFRIES +3

BAKED SWEET POTATO INSTEAD OF HOMEFRIES +\$2

## SANDWICHES

### BREAKFAST SANDWICH

Two Eggs, Choice: Bacon, Sausage, Taylor Ham, American Cheese, On a Kaiser Roll 6.5

### FARMERS BREAKFAST WRAP

Eggs, Sausage, Bacon, Ham, Peppers, Onion, American Cheese, Served with Homefries on the Side 9

### CHORIZO QUESADILLAS

XL Tortilla with Scrambled Eggs, Cheddar-Jack Cheese, Chorizo Mexican Sausage, Onion, Tomato, Jalapeno, Served with Salsa, Guacamole, and Sour Cream 9

### ITALIAN CIABATTA

Fried eggs, Fresh Mozzarella Cheese, Italian Chicken Sausage, Roasted Bell Pepper, on Ciabatta Bread 8

### HEALTHY BEGINNING WRAP

Scrambled Egg Whites, Turkey Bacon, Roasted Tomato, in a Whole Wheat Wrap, Served with Spring Mix 9

### MEDITERRANEAN BRUSCHETTA

Scrambled Egg Whites, Feta Cheese, Oregano, Basil, Sun-Dried Tomato, EVOO, on Ciabata Triangles, Served with Spring Mix 10

### EGG BURRITOS

Three Mini Burritos with Scrambled Eggs, Cheddar-Jack Cheese, Ham, Tomato, Onion, Pepper, Served with Guacamole, Salsa, and Sour Cream 9

Available on Gluten Free Bread, Bun, or Wrap +\$2

## EGGS

Served with Homefries and Toast with Butter and Jelly

### TWO EGGS ANY STYLE

Choose: Bacon, Ham, Sausage, Taylor Ham 8  
CHICKEN SAUSAGE, TURKEY BACON, CANADIAN BACON -1

### CORNED BEEF HASH AND EGGS

Homemade Corned Beef Hash Topped with Two Eggs Any Style 11

### COUNTRY BREAKFAST

Two Eggs Cooked Any Style, Bacon, Sausage, and Virginia Ham 12

### STEAK AND EGGS

Grilled to Perfection, Two Eggs Any Style 16

### HUEVOS RANCHEROS

Two Fried Eggs, Chorizo Mexican Sausage, Topped with Ranchero Sauce 10

## BENEDICTS

Served with homefries

### SHORT RIB BENEDICT

Toasted English Muffin Loaded with Our Slow Braised Short Ribs, Avocado, Two Poached Eggs, and Smothered in Our Chipotle Hollandaise Sauce 13

### EGGS BENEDICT

Two Poached Eggs on Toasted English Muffin with Canadian Bacon, Topped with Hollandaise Sauce 10

### MARYLAND CRABCAKE BENEDICT

Two Lump Crab Cakes on Toasted English Muffin with Poached Eggs, Smothered in our Cape May Sauce. 14

### CUBAN BENEDICT

Sliced Cuban Pork with Two Poached Eggs on Toasted English Muffin with Avocado, and Salsa, Topped with Hollandaise Sauce 12

### ALASKAN BENEDICT

Two Poached Eggs on Toasted English Muffin with Smoked Salmon, Sliced Tomato, Scallion, and Hollandaise Sauce 14

### VEGETARIAN BENEDICT

Two Poached Eggs on Toasted English Muffin with Portobello Mushrooms with Spinach and Hollandaise sauce 11

## GRIDDLE TREATS

Dusted with Powdered Sugar  
Add 100% Pure Maple Syrup for \$2.50

### FRIED HALF CHICKEN & WAFFLE

Fried Half Chicken Over Giant Belgian Waffle 13.5

### QUINOA PANCAKES

Multigrain Pancakes with Bananas, Toasted Almond, and Quinoa Baked Inside 11

### BUTTERMILK PANCAKES

Includes Choice of One: Bacon, Virginia Ham, Sausage, or Taylor Ham 8.5

WITH FRUIT, TURKEY BACON, CHICKEN SAUSAGE, OR CANADIAN BACON -S1

### BANANA NUTELLA FRENCH TOAST

Layered with Chocolate Hazelnut Nutella Spread and Sliced Bananas 12

### BELGIAN WAFFLE

Includes Choice of One: Bacon, Virginia Ham, Sausage, Taylor Ham 9

WITH FRUIT, TURKEY BACON, CHICKEN SAUSAGE, CANADIAN BACON -S1

### CLASSIC FRENCH TOAST

Includes Choice of One: Bacon, Virginia Ham, Sausage, Taylor Ham 8.5

WITH FRUIT, TURKEY BACON, CHICKEN SAUSAGE, OR CANADIAN BACON -S1

### APPLE CINNAMON OATS PANCAKES

Buttermilk Pancakes with Cinnamon Apples and Oatmeal Baked Inside 8

### HEALTHY FRENCH TOAST

Whole Grain Gluten Free French Toast, Sliced Strawberries, Blueberries, Toasted Almonds 12

### LUMBERJACK PANCAKES

Buttermilk Pancakes with Two Eggs Any Style, Bacon, and Sausage 12

### MULTIGRAIN PANCAKES

Made With Natural Whole Grains 7

### FRENCH TOAST TIRAMISU TOWER

Layered with Sweet Mascarpone Filling, Strawberries, Bananas, Raspberry Sauce, Chocolate Powder 12

Pancakes, Waffle, or French Toast Gluten Free +\$2

Please Enjoy our Baked In-House Muffins & Pastries

While we offer Gluten Free options, we are not a gluten free kitchen. There is a possibility for food items to come into contact with other wheat gluten proteins. We cannot guarantee that any of our menu items are completely gluten free.